



## SUSTAINABILITY CASE STUDIES

### Africa Plays Hockey

### Sierra Leone





# Africa Plays Hockey - Sierra Leone

## Objective

The aim of the project is to expose thousands of young people to hockey, while promoting peace through sport to reduce the traumatic effects of War, Violence, and Abuse.



## Description

The AYPAD Organization in partnership with Sierra Leone Hockey are working on this project for Sierra Leone

Hockey is a relatively new sport in Sierra Leone with many young people living through hardship and deplorable conditions, the need to introduce the sport was timely as it engages young people to reduce the traumatic effects of War, Violence, and Abuse while embracing peace and developing their unique hockey talents that can contribute meaningfully to societal growth. The project develops professionals, hockey players, coaches, and managers to improve their knowledge of the game, skills, coaching techniques, and the impact it has on a nation's development. The focus is to use hockey as a way to fulfil young people's competitive spirit. The fast-paced nature of the sport makes it a great activity for young people to include in their exercise routine, whether looking for a recreational activity to play with friends or a more intense competition on a league team. Young people across our countries and communities will have the opportunity to play and be exposed to field hockey in their physical education class; they will have the option to continue to play with their local club. Our goal is to provide an avenue for young people to play hockey while having fun.

AYPAD (Africa Youth for Peace and Development Organization) worked with Sierra Leone Hockey Association to provide training materials for coaches and also was able to provide equipment such as bibs, cones and other materials to continue working on the project..

**1** NO POVERTY  


**2** ZERO HUNGER  


**3** GOOD HEALTH AND WELL-BEING  


**4** QUALITY EDUCATION  


**8** DECENT WORK AND ECONOMIC GROWTH  


**16** PEACE, JUSTICE AND STRONG INSTITUTIONS  


# Africa Plays Hockey - Sierra Leone

## Results

3000+ Sierra Leoneans introduced to hockey in last 5 years

