

## FIH HEALTH AND SAFETY COMMITTEE REPORT 2021-2022

The mission of the FIH Health and Safety Committee is to develop and promote a healthy and safe environment for all athletes and officials. The current composition was elected and appointed during the last Congress for a 2 years term which ends in March 2023.

Since the last election, this Committee has met every 6 months and was involved in many different activities, studies and discussions including the ones listed below:

- Appointment of Medical Officers for FIH Events;
- Implementation of a revised inclement weather protocol which was adopted at Tokyo which led to an uneventful game in spite of hot and humid weather;
- Introduction of an Injury Assessment Protocol in order to get a better insight on trends of injury and possible causative factors so that appropriate preventive measures can be devised to make hockey more safe;
- Involvement in drug testing at international events;
- Review of all Medical and Anti-Doping documentation available on FIH website

Now that COVID is starting to allow all Continents to return to their normal activities, this Committee has plans to develop a Environment Pollution Guidelines for Hockey and also to create a Hockey Injury Prevention Guidelines.

### Committee members:

Chair: Bibhu Nayak (IND)

Members: Udo Rolle (GER) John Gemming (NZL)  
Michelle Holt (JAM) Elynah Sifuna-Shiveka (KEN)  
Ramlan Abdul Aziz (MAS)

Athlete's Committee Representative: Sreejesh Parattu (IND)

Secretary: Eduardo Leonardo (FIH)