



SUSTAINABILITY CASE STUDIES

Hook in4 Health

Papua New Guinea





Hook in4 Health - Papua New Guinea

Objectives

In PNG, the Hook in4 Health program aims to empower women, girls and people with disability, as well as men and boys, to live well, learn well and lead well by removing barriers to participation in sport

This project creates new opportunities through strategic partnerships with Hockey, Health, Education, Research and Government to :

- increase the number of people getting active through hockey
- help people to understand healthy choices and respectful relationships
- make it easier for women and people with a disability to join in and to lead
- provide safe environments where people feel like they belong

Achievements

In partnership with Oceania Hockey Federation and Team Up the PNG community has benefited from:

- \$30 000 of Hookin4Health equipment donated by Hockey Australia, freighted by Oceania
- Integrated Hockey journals for participants developed by Cairns Hockey Aspire that combine nutrition, sexual health and leadership education with hockey sessions
- Community hockey growth through after school, festival days and Mama’s hockey
- Leadership roles for women – first Assistant Development Officer appointed to a full-time hockey role in PNG
- Boys and men learning more about respectful relationships on and off the field of hockey
- Hockey communities co-designing their own programs

