



SUSTAINABILITY CASE STUDIES

Hook in4 Health

Vanuatu Mamas in Hockey



4
QUALITY
EDUCATION3
GOOD HEALTH
AND WELL-BEING5
GENDER
EQUALITY10
REDUCED
INEQUALITIES16
PEACE, JUSTICE
AND STRONG
INSTITUTIONS

Hook in4 Health – Vanuatu Mamas in Hockey

Objectives

In Vanuatu, the Hook in4 Health program aims to empower women, girls and people with disability, as well as men and boys, to live well, learn well and lead well by removing barriers to participation in sport



Description

There are now 4 villages, up from 1 village in 2020, involved and the number of participants is growing at each visit as the word spreads of the fun that the Hockey Mamas have.

Each session involves physical activity through hockey, including small games; an opportunity to discuss wellbeing and healthy relationships; then sharing healthy nutritious food with each other

The month of May focused on Domestic Violence and promoting respectful relationships. Vanuatu is a country where around 70% of women experience gender-based violence within an intimate relationship. Men and women as well as boys and girls learn about what healthy, respectful relationships look like through the gender equitable sport of hockey, using local Sexual Health and Reproductive Rights experts.

